

**15  
MAY  
5:30PM**

## **FREE EVENT**

# **MENTAL HEALTH AWARENESS**

The School District of Springfield Township is pleased to present a double header event for Mental Health Awareness Month!

**5:30pm:** Question, Persuade, Refer (QPR) Suicide Prevention Training for Parents, Students (Grades 5-12), and Community Members

**6:30pm:** Depressed Cake Pop-up hosted by local mental health clinician, Anna O'Brien. Come out decorate and eat cookies and cakes while talking about mental health.



**JOIN US!**

**KEEP  
IT  
SAFE**

A stylized graphic of a brain is positioned to the right of the word "IT" in the "KEEP IT SAFE" text.

Springfield Township Middle School

QPR Training- Middle School Audion

Depressed Cake Pop Up- Middle School Cafeteria

**Funded by the Montgomery County Department of Health & Human Services Office of Drug & Alcohol.**